

# EveryMove @Work

## Registration Instructions

### Computer



1. Go to <https://everymove.org/ambassadorhealth>
2. Choose the “Sign Up” option.
3. Enter your name, e-mail, password, and birthday then press “Sign Up.”
4. Click “Connect” next to the app or device you would like to connect to EveryMove. Press “Skip this step” if you do not want to connect an app or device.
5. Add “Ambassador Health” as your employer under the memberships page and click “Continue.”
6. At this time you may invite friends to use EveryMove. You can do this at any time, so you can press “Skip this step.”
7. You will now be directed to your “Activity Feed” page. Click the “wheel icon” in the top right corner and select “Memberships.”
8. Enter your Employee ID which will be the last 4 digits of your Social Security Number and press “Verify Employment.”

**IMPORTANT: THIS STEP MUST BE COMPLETED IN ORDER TO BE ELIGIBLE FOR REWARDS!**

Please note: If your computer is unable to access the EveryMove website, you may need to update your Internet Explorer browser.

Questions? Call Kara Russell @ 402.873.8517



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